



CLINICIAN-TO-CLINICIAN ADVICE

How Much DAA Treatment is Enough? Outcomes From a Large Case Series of HCV Treatment Interruptions

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Background and Objectives

- Simplified therapy with direct-acting antivirals (DAAs) has greatly expanded low-barrier hepatitis C virus (HCV) care including primary care-based treatment.
- Despite short treatment duration, treatment interruptions are common and there is a paucity of data to guide clinical management.^{1,2,3,4}
- The National Clinician Consultation Center (NCCC) reviewed cases of HCV treatment interruption received on its national Hepatitis C Warmline and describes clinical outcomes after treatment interruption.

Methods

- The NCCC is a federally funded education and capacity-building resource that provides free, telephone-based consultation to any U.S. healthcare provider seeking guidance on HCV prevention, diagnosis, and treatment.
- Deidentified case information is provided by callers and documented within the NCCC's secure consultation database, along with consultant recommendations.
- Calls involving HCV treatment interruptions received between September 1, 2022, to August 31, 2023, were retrospectively identified and reviewed for clinical information including genotype, fibrosis score, prior DAA treatment experience, number/timing of missed doses, DAA interruption management, care setting, NCCC consultant recommendations, and SVR12 outcomes.



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Results

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- During the review period, 61 out of 541 calls (11%) to NCCC's Hepatitis C Warmline involved cases of DAA treatment interruption.
- Patient age ranged from 20-76 with a median age of 47.
- 82% of the calls were from an outpatient community-based care setting and 11% were from providers serving patients/communities in Indian Country.

Results

In this case series of 61 patients with HCV treatment interruption from mostly primary care health settings, of available outcome data, we found that SVR rates were high (90%) despite a wide range of missed doses of DAA therapy.

23/32 patients: had no SVR data due to patient being lost to follow up

9/32 patients: NCCC unable to reach provider to confirm follow-up information

Reasons for patient loss to follow-up

- Incarceration
- Pharmacy delivery issues
- Side effects
- Unstable housing
- Unstable mental health
- Substance use



Results

HCV DAA Treatment Regimen

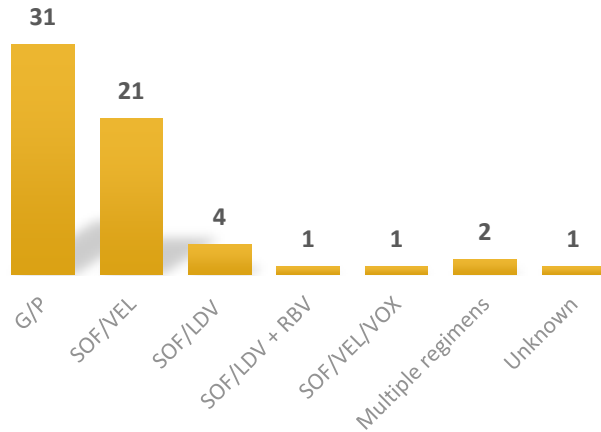


Fig. 1

CALLER IDENTIFIED PATIENT GENDER

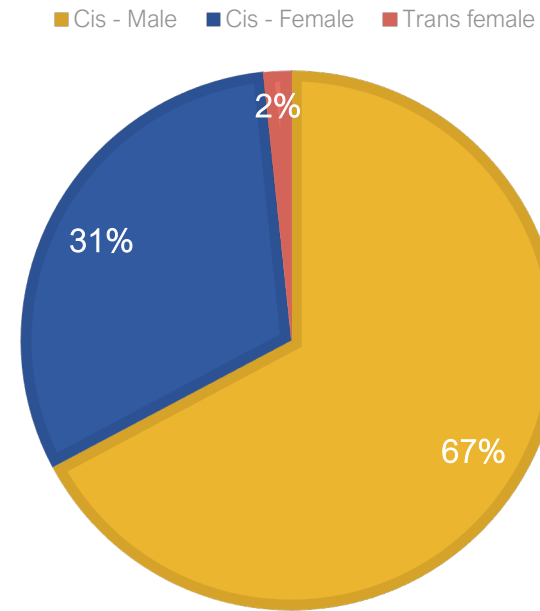


Fig. 2

Results

Reported Fibrosis Staging (N=61)

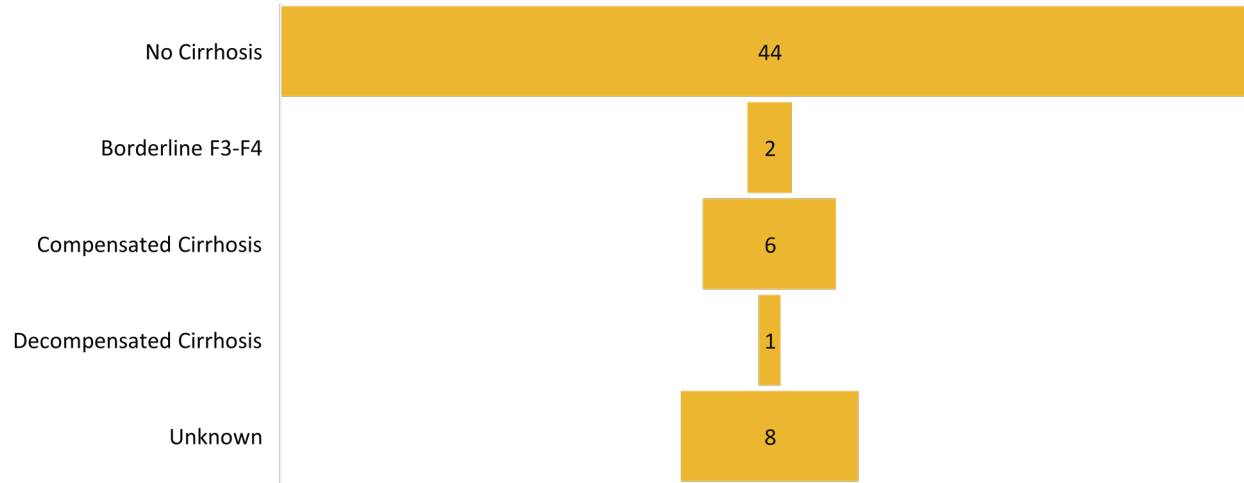


Fig. 3

REPORTED PATIENT GENOTYPE

■ 1 a or b ■ 2 ■ 3 ■ Indeterminate ■ Unknown

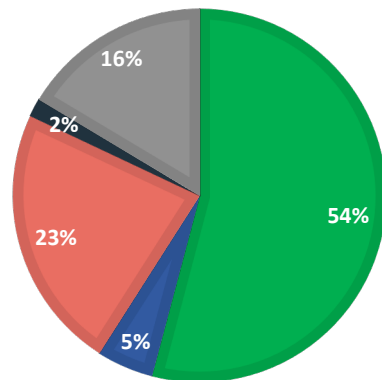
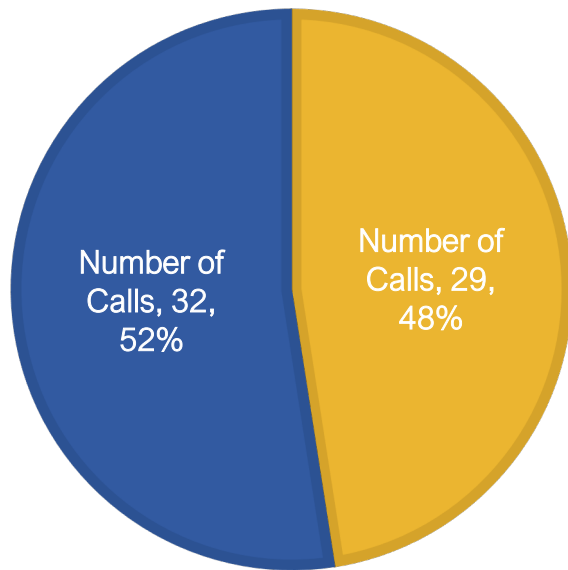


Fig. 4

Results

SVR DATA ABLE TO BE OBTAINED



■ Yes ■ No

Fig. 5

SVR Achievement for the Calls with Available Outcome Data

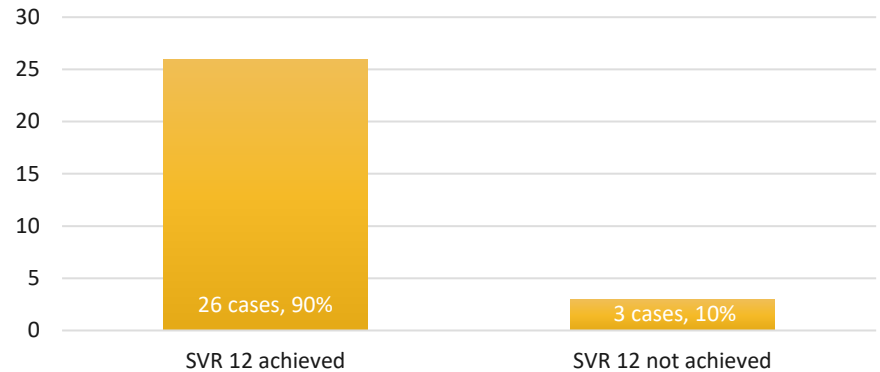


Fig. 6

Table 1: Characteristics of patients with one round of DAA treatment with SVR data

Characteristics	Treatment naïve, SVR12 available (n= 21)	Timing of Treatment Interruption	
		Day 1-28 (n=3)	After Day 28 (n=18)
Genotype			
1	11	3	8
2	1	0	1
3	4	0	4
Other/unknown	5	0	5
Fibrosis score			
F1-F3	17	3	14
F4	2	0	2
Unknown	2	0	2
DAA regimen			
G/P	15	2	13
SOF/VEL	4	1	3
Other	2	0	2
% doses missed*			
Median	31%	25%	37.5%
Range	9-67%	12-30%	9-67%
Achieved SVR12	19/21 (93%)	3/3 (100%)	16/18 (89%)

*When known. Late = missed dose

Table 2: Characteristics of patients with multiple rounds of DAA treatment with SVR data

Patient Age/Gender	Genotype	Fibrosis Staging	DAA Treatment Description	% Missed Doses	Treatment Interruption reasons	SVR Achieved?
54 trans-female	1a	F1	<ul style="list-style-type: none"> 1st round - G/P in 7/2022 2nd round - SOF/VEL in 3/2023* 	<ul style="list-style-type: none"> 81% missed first round Had some gaps, unknown quantity 	<ul style="list-style-type: none"> Relapse w/ meth use Mental health struggle 	Yes
36 cis-male	1a	No cirrhosis	<ul style="list-style-type: none"> 1st round - SOF/VEL in 4/2021 2nd round - G/P 3/22* 	<ul style="list-style-type: none"> 58% missed first round 12.5% missed 2nd round 	<ul style="list-style-type: none"> Relapse w/ meth use Relapse w/ opioid use 	Yes
52 cis-male	1a	F4	<ul style="list-style-type: none"> 1st round - G/P in 2019 2nd round - SOF/VEL/VOX in 2/2023 	<ul style="list-style-type: none"> 50% missed first round Unknown missed 2nd round 	<ul style="list-style-type: none"> Alcohol use 	Yes
37 cis-male	1a	F4	<ul style="list-style-type: none"> 1st round - G/P in 2020 2nd round - SOF/VEL in 11/2022* 	<ul style="list-style-type: none"> 87.5% missed first round 15.4% missed 2nd round 	<ul style="list-style-type: none"> Unknown Incarceration 	Yes
48 cis-female	3	F0	<ul style="list-style-type: none"> 1st round - SOF/VEL in 2021 2nd round - SOF/VEL/VOX in 9/2022 	<ul style="list-style-type: none"> 66% missed first round Unknown missed 2nd round 	<ul style="list-style-type: none"> Alcohol use/GI said stop taking due to Alcohol 	Yes
31 cis-male	1a	F0/F1	<ul style="list-style-type: none"> 1st round - SOF/VEL in 7/2021 2nd round - SOF/VEL/VOX in 3/2022* 	<ul style="list-style-type: none"> 66% missed first round 66% missed second round 	<ul style="list-style-type: none"> Relapse w/ meth use Relapse w/ opioid use Unhoused 	Yes
54 cis-male	1a	F3	<ul style="list-style-type: none"> 1st round - Unknown DAA 2010 2nd round - G/P in 2018 3rd round - G/P 2/2023* 	<ul style="list-style-type: none"> Unknown missed first round 75% missed second round 0% missed third round 	<ul style="list-style-type: none"> Traveling for job Alcohol use 	Yes
48 cis-male	3	No cirrhosis	<ul style="list-style-type: none"> First round - SOF/VEL in 2022 - took 4 weeks Second round - SOF/VEL in 6/2023* 	<ul style="list-style-type: none"> 66% missed first round Unknown % - provider thinks completed 12 weeks 	<ul style="list-style-type: none"> Stomach upset None reported 	No

* Did not match with treatment interruption recommendations published by American Association for the Study of Liver Diseases at that time.

Conclusions

- This series of over 60 HCV treatment interruption cases provides additional “real world” data including SVR12 outcomes.
- Despite a wide range of missed doses, with many cases treated through primary care clinics and other low-barrier settings, 90% with available follow-up data achieved cure.
- Of eight cases undergoing retreatment, 88% were able to achieve SVR. First line DAA’s were “recycled” in 5/8 of these patients.
- Of 32 patients with missing follow-up information regarding SVR12 outcomes, the majority (72%) was due to patient loss to follow-up—this highlights the importance of early identification of those at risk for, and interventions to prevent, loss to follow-up.
- For cases with available follow-up and SVR12 information, our results affirm SVR12 occurs even with “imperfect” DAA adherence
- Limitations of our study: information relied on provider review and recall, which may have impacted data accuracy and completeness
- More research on the role of “recycling” first-line DAAs is needed, as well as additional information on optimal management of HCV treatment interruptions

References

- 1) Fabbiani M, Lombardi A, Colaneri M, et al. [High rates of sustained virological response despite premature discontinuation of directly acting antivirals in HCV-infected patients treated in a real-life setting](#). J Viral Hepat. 2021;28(3):558-568.
- 2) Cunningham EB, Amin J, Feld JJ, et al. [Adherence to sofosbuvir and velpatasvir among people with chronic HCV infection and recent injection drug use: the SIMPLIFY study](#). Int J Drug Policy. 2018;62:14-23.
- 3) Rosenthal ES, Silk R, Mathur P, Gross C, Eyasu R, Nussdorf L, Hill K, Brokus C, D'Amore A, Sidique N, Bijole P, Jones M, Kier R, McCullough D, Sternberg D, Stafford K, Sun J, Masur H, Kottlilil S, Kattakuzhy S. Concurrent Initiation of Hepatitis C and Opioid Use Disorder Treatment in People Who Inject Drugs. Clin Infect Dis. 2020 Oct 23;71(7):1715-1722. doi: 10.1093/cid/ciaa105. PMID: 32009165; PMCID: PMC7755091.
- 4) <https://www.hcvguidelines.org/evaluate/monitoring#incomplete-adherence>



The National Clinician Consultation Center is a free telephone advice service for clinicians, by clinicians. Please check out nccc.ucsf.edu for more information.

HIV/AIDS Warmline
800-933-3413

HIV treatment, ARV management, complications, and co-morbidities

Perinatal HIV Hotline
888-448-8765

Pregnancy, infant feeding and HIV

Hepatitis C Warmline
**844-HEP-INFO/
844-437-4636**

HCV testing, staging, monitoring, treatment

Substance Use Warmline
855-300-3595

Substance use evaluation and management

PrEPline
855-HIV-PrEP

HIV pre-exposure prophylaxis

PEPline
888-448-4911

Occupational & non-occupational exposure management

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